

EABCT CONGRESS

European Association for Behavioural and Cognitive Therapies
(EABCT) conference in Glasgow, United Kingdom



In September 2025, members of the CURED study team attended the European Association for Behavioural and Cognitive Therapies (EABCT) conference in Glasgow to present on the overall efficacy of digital CBM-I and CURED's sister app, STOP (Successful Treatment of Paranoia).

The conference brought together clinicians and researchers from across Europe, providing a valuable platform to share our findings, raise awareness of our work, and connect with like-minded professionals.

This event was an important step in advancing our mission to improve treatments for depression and paranoia while fostering collaboration within the behavioural and cognitive therapies community. The feedback and connections gained will play a crucial role in guiding the future feasibility testing and wider implementation of CURED, helping us move closer to making effective digital interventions more accessible to those who need them.